

MATCHA WHITE CHOCOLATE ÉCLAIR

AVONMORE PROFESSIONAL PRODUCT USED

ILitre C UHT Cream

(avonmore)

PROFESSIONAL PERFORMANCE WHIPPING CREAM



Avonmore Professional 35.1% Whipping Cream

MAKES 12 ECLAIRS

INGREDIENTS LIST

Choux Pastry

- 125ml Milk
- 125ml Water
- ½ tsp Salt
- 1tsp Sugar
- 115g Unsalted butter, cubed
- 140g Plain Flour
- 3 Eggs (about 165g in total)

Matcha White Chocolate Cream

- 240ml Cream
- 5g Green Tea Matcha Powder
- 50g White Chocolate, finely chopped

Matcha Fondant Icing

- 240g Neutral Glaze
- 110ml Cream
- 120g White Chocolate
- 5g Matcha Powder



THE RECIPE, STEP BY STEP ELEMENTS:

- 01 Choux Pastry Éclair
- 02 Matcha White Chocolate Cream
- 03 Matcha Fondant Icing
- Décor: Cream Piping/White Chocolate Shards/Pistachio/Matcha Powder

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Choux Pastry

- Preheat the oven to 200C or 180C fan and line two baking trays with parchment paper or silicone mats.
- Put the milk, water, salt, sugar, and butter into a medium-sized saucepan over a medium heat. Once all the butter has melted and the liquid is just coming to a boil, remove the pan from the heat.
- Add the flour into the pan and beat the mix vigorously with a wooden spoon. Place the pan back on the heat and continue to beat until you have a smooth ball, and the dough has come away from the sides of the pan.
- Put the dough into the bowl of a stand mixer, and mix using the beater attachment for two to three minutes, until the mix has cooled slightly.
- 5. Add the eggs gradually and continue to mix to form a smooth paste.
- 6. Put the choux paste into a piping bag fitted with a large star nozzle. Pipe fourinch strips onto the baking trays, leaving two inches of space between each.
- 7. Bake the éclairs for 10 minutes, then turn the oven down to 180C or 160C fan and continue to bake for a further 20 minutes. Remove from the oven and prick the end of each with a skewer to release the steam. Leave to cool on a wire rack. Once cool, make two holes in the bottom of each éclair using the tip of a piping nozzle.

02 Matcha White Chocolate Cream

- Add a quarter of the cream to a small pan over a medium heat along with the matcha and whisk together to form a smooth paste.
- 2. Whisk in the remaining cream, a little at a time to prevent the matcha from going lumpy, until fully combined. Bring the cream to a simmer, then immediately pour over the chocolate in a small, heatproof bowl and set aside for a couple of minutes before stirring to combine.
- Cover and refrigerate for at least 4 hours until cold. Transfer the cream mixture to a large bowl and whisk briefly until holding soft peaks. Fill a piping bag with the Matcha cream and fill the eclairs.

03 Matcha Fondant Icing

- Put the neutral glaze in a saucepan over a low heat to melt. Once liquid, add the cream and bring to a simmer.
- 2. Pour the hot mixture over the white chocolate and mix well to ensure fully melted.
- 3. Add in the matcha powder and whisk until smooth and homogenous.
- 4. Cool to 32C before using.

Assembly and Presentation:

- 1. Fill a piping bag with the Matcha cream and fill the eclairs.
- Dip the top of each eclair into the fondant icing and place the eclairs on a tray lined with baking parchment to set slightly.
- Whisk 200ml cream to soft peak in a stand mixer fitted with a whisk attachment. Fill a piping bag with the cream and decorate the tops of the eclairs.
- Decorate eclairs with white chocolate shards, matcha powder and pistachios to serve.